



## Abstract Submission for Scientific Programm

### General information

- The submitted abstracts must contain a title (maximum 20 words)
- Maximum length should not exceed 300 words. APA format, including citations but without list of references (References, tables, or pictures cannot be included in the abstract)
- The submitted abstract must be divided in the following sections:
  - Objectives
  - Methods
  - Results
  - Conclusion
- The language of submissions and presentation is English. Please note that if English is not the author's first language, we recommend that the abstract is checked by somebody who is fluent in English prior to submission (Language editing will not be provided)
- The first author of an abstract is the presenter of this contribution at the FEPSAC 2024 congress
- As first author, a maximum of three submissions is permitted (If you are both: the coordinator, co-coordinator or discussant of a symposium and a presenting author therein this will be considered as one single submission)
- To aid anonymized reviewing please ensure there is no identifying information in your abstract
- The Scientific and Applied Program Committee may reassign submitted presentations between formats at its discretion

### Submission process

To submit your abstract you must create a submission account. The system will first ask you to complete the first author's contact details. As soon as all the details have been completed, the "abstract submission" tab will appear, and the submission process can be started. Abstracts can then be entered, saved as drafts, or be submitted. Once an abstract has been submitted, no further changes or amendments are possible. For abstract submission, we need to collect the first author's contact details. We guarantee that all the given information will be used for the correspondence regarding the abstract submission only. The data is stored for no other purpose and will not be used in another way.

#### *Step 1 - Abstract Title and Presentation Type*

You enter the title of your abstract here, please use upper and lower case, do not put a full stop at the end.

Choose your presentation type:

- *Oral presentation*
- *Poster presentation (applied)*
- *Poster presentation (research)*
- *Symposium*
- *Workshop (applied)*
- *Workshop (research)*
- *Gimme 5 presentation*
- *Network meeting (invited)*
- *Network meeting (open)*
- *Podium discussion (invited)*
- *Podium discussion (open)*
- *Special Session Roundtable (Research)*
- *Special Session Roundtable (Applied)*



## **Overview Presentation Types**

### **Oral presentation**

Oral presentations (12+3 minutes) will be gathered into paper sessions of four to six speakers. The focus may be of theoretical, methodological, or applied interest.

Applied submissions should adopt a scientist-practitioner perspective, providing key references for the theoretical background underlying the applied program/intervention discussed.

Oral presentations and the submitted abstract should at least include:

- Objectives
- theoretical background
- design/approach/intervention
- results and discussion

The presenting author must be present during the session. Session chairs are chosen by the scientific committee and will take charge of time management during the session and will allow sufficient time for questions and discussion with the audience.

### **Poster presentation**

Individuals or groups of authors can present their scientific work in the form of a poster. The poster will be allocated to one of the six poster sessions of 90 minutes. The first author is expected to be present during the whole duration of the poster session.

*Poster presentations (RESEARCH) and the submitted abstract should at least include:*

- short introduction
- theoretical framework
- problem statement
- brief description of methodology
- results summary
- implications of the results

*Poster presentations (APPLIED) and the submitted abstract should at least include:*

- short introduction
- setting/intervention
- theoretical background
- applied implications
- discussion

Scientific jargon must be kept to a minimum to ensure easiness of understanding from all participants. The poster format will be A0 (118.9 cm / 46.8" height x 84.1 cm / 31.1" width). A well-designed poster catches the attention and gives the scientific work the recognition it deserves. Recommendations for the design will be made available on the Congress website. Posters will have to be taken out at the end of the Conference Day to make space for the posters of the following day - otherwise, posters will be taken by the Organizing Secretariat and disposed of.

### **Symposium**

The symposia consist of oral presentations from multiple speakers and cover a specific coherent topic relating to Sport and Exercise Psychology. The focus may be of theoretical, methodological, or applied interest. The duration of the symposium is 60, 75 or 90 minutes. You can indicate your preference when submitting your abstract. We have the most slots available for 90 minutes.

Applied submissions should adopt a scientist-practitioner perspective, providing key references for the theoretical background underlying the applied program/Intervention discussed.



To foster meaningful and international collaborations, symposia must include at least four and at most five male and female presenters from at least three different countries and institutions. It is also possible to include a discussant.

*Abstract submission procedure for the symposium:*

A symposium consists of 4-5 speakers. The speakers choose one groupleader as chairperson/corresponding person. This corresponding person is responsible for the abstract submission.

The first step is to submit a general abstract (description and significance of the topic, purpose of the symposium) and an overview of the individual presentations. This abstract is called a **general abstract** and may contain a maximum of 300 words (no tables or graphics allowed). The title must not exceed 20 words.

Following the submission of the general abstract, a collective document containing an individual abstract of each speaker and their presentation must be submitted. **Please note that the file must be a word-file!** This collective document is called **symposia abstract (all in one)** and can be uploaded in the menu "Check and Edit abstracts". **Please note that this is only possible once the general abstract has been submitted.** Individual papers should include a brief introduction, problem statement, theoretical framework, brief description of methodology, summary and implications of the result.

**Please note, that the complete and final abstract = Symposia abstract (all in one) (including all individual parts and in the correct order of their presentation) must be uploaded by the chairperson/corresponding person as one single text document with a maximum of 1600 words and a maximum file size of 2MB. It is not possible to add parts of the abstract at different times from different authors.**

All listed presenters must be present during their symposium. Symposia chairs are expected to take charge of time management during the symposia and to allow sufficient time for questions and discussion with the audience.

Workshop

The workshops involve active participation through interactive discussions, demonstrations, and/or experiential learning.

Research workshops can include, but are not limited to, research methods, ethics in research, theory or measurement development, grant writing and mentoring in scientific writing.

Applied workshops offer opportunities for practitioners to share their professional practice strategies. Evidence-based practice workshops will be given priority. The duration of the workshop is 60, 75 or 90 minutes. You can indicate your preference when submitting your abstract. We have the most slots available for 90 minutes.

In order for your research or applied workshop submission to be accepted please make sure to include the following information:

- clearly stated learning objectives for participants
- specifics on the (interactive, hands-on) teaching methods
- techniques used to achieve these learning objectives
- details on materials that will be shared with the workshop participants on-site or following the session

Abstracts submitted without this specific information relevant to an interactive learning experience are likely to be rejected or they might be re-assigned to a poster presentation.

*Abstract submission procedure for the workshop:*

A workshop consists of 1-5 speakers. The speakers choose one groupleader as chairperson/corresponding person. This corresponding person is responsible for the abstract submission.

The first step is to submit a general abstract (description and significance of the topic, purpose of the workshop) and an overview of the individual presentations. This abstract is called a **general abstract** and may contain a maximum of 300 words (no tables or graphics allowed). The title must not exceed 20 words.



Following the submission of the general abstract, a collective document containing an individual abstract of each speaker and their presentation must be submitted. **Please note that the file must be a word-file!** This collective document is called **workshop abstract (all in one)** and can be uploaded in the menu "Check and Edit abstracts". **Please note that this is only possible once the general abstract has been submitted.** Individual papers should include a brief introduction, problem statement, theoretical framework, brief description of methodology, summary and implications of the result.

**Please note, that the complete and final abstract = workshop abstract (all in one) (including all individual parts and in the correct order of their presentation) must be uploaded by the chairperson/corresponding person as one single text document with a maximum of 1600 words and a maximum file size of 2MB. It is not possible to add parts of the abstract at different times from different authors.**

### Network meeting

With the network meetings, we want to create space for different people to exchange ideas on various topics.

We have two categories of Network meetings:

- Invited Network meetings: These are meetings that are specifically organized for a group of individuals or participants who have been invited to attend.
- Open Network meetings: These meetings are open to all congress participants.

The duration of the Network meeting (invited and open) is 60, 75 or 90 minutes. You can indicate your preference when submitting your abstract. We have the most slots available for 90 minutes. Submission for the network meetings must be completed by the chair/convener of the network meeting. Submissions must include a general abstract (description and significance of the topic, purpose of the network meeting). The abstract may contain a maximum of 300 words. The title must not exceed 20 words.

### Podium discussion

Podium discussions provide an opportunity for public discussion of special topics among a selected group of participants.

We have two categories of podium discussions:

- Invited podium discussion: These are podium discussions that are specifically organized for a special group of individuals or participants who have been invited to participate as speakers or panelists.
- Open podium discussion: Open Podium Discussions are accessible to all congress participants.

The duration of the Podium discussion (invited and open) is 60, 75 or 90 minutes. You can indicate your preference when submitting your abstract. We have the most slots available for 90 minutes. Submissions must be completed by the chair/convener of the podium discussion. Submissions must include a general abstract (description and significance of the topic, purpose of the podium discussion). The abstract may contain a maximum of 300 words. The title must not exceed 20 words.

### Gimme 5 Presentation

As a relatively new format, we offer slots in one of three Gimme 5 sessions. Especially PhD students are encouraged to submit abstracts for this format, in which every presenter has five minutes for a maximum of five PowerPoint slides. After each short presentation, a discussion of up to three minutes is added. Ten contributions are to be presented within one session.

### Special Session Roundtable

Roundtable is a focused and unique discussion or meeting format. The goal of a roundtable is to facilitate a collaborative and interactive discussion where participants can share their knowledge, experiences, and insights on various topics related to sport psychology and its practical applications in the sports world. It's a forum for in-depth and engaging conversations among experts and enthusiasts in the field. Participants of the Roundtable



could be: researchers, practitioners, athletes, educators, students, professionals from related fields, coaches, industry representatives.

We have two categories of special Session Roundtable:

- Special Session Roundtable (Research)
- Special Session Roundtable (Applied)

The duration of the Special Session Roundtable is 60, 75 or 90 minutes. You can indicate your preference when submitting your abstract. We have the most slots available for 90 minutes.

### *Step 2 – Topic*

Please choose here to which topic your abstract fits best.

1. Best practice
2. Built environment
3. Business
4. Clinical sport psychology, clinical issues in sport and physical activity
5. Coaching
6. Cognition
7. Consulting/ counselling
8. Crisis
9. Cultural sport psychology
10. Daily life
11. Decision making and judgement
12. Developmental/ lifespan perspectives
13. Elderly
14. Elite sports and expertise
15. Emotion
16. E-Sports
17. Ethics in applied settings
18. Ethics in research (open science)
19. Exercise and COVID-19 Pandemics
20. Exercise psychology
21. Group dynamics and team sports
22. Health
23. Human factors
24. Leadership
25. Mental skills training
26. Research methods (incl. qualitative & quantitative)
27. Moral action
28. Motivation
29. Motor control and learning (incl. ecological and dynamic approaches)
30. Motor development
31. Movement
32. Neuroscience
33. Non-traditional applications
34. Pedagogical psychology
35. Perception & attention
36. Performance enhancement (e.g., doping, neuro-enhancement etc.)
37. Personality
38. Physical activity
39. Physical literacy
40. Professional development and mentoring
41. Psychophysiology
42. Psychodynamic, systemic and hypnotherapeutic issues
43. Organizational development and quality management
44. Military, police and tactical populations





45. Music, Dance and Performing Arts
46. Self
47. Sexual violence, sexual harassment and sexual abuse
48. Social and cultural diversity (e.g., migration, ethnicity)
49. Social cognition
50. Social psychology
51. Sports injury, prevention and rehabilitation
52. Sports neuropsychology
53. Sports psychology and world events (e.g., Zika, COVID-19)
54. Sports psychiatry and sports psychotherapy
55. Surgery
56. Talent identification/ development
57. Transitions in and out of sport/ dual career
58. Well-being and quality of life
59. Youth
60. Other topics

### *Step 3 – Authors and Affiliations*

The first author is automatically in the system as the presenting author. You may change this information if necessary and then add additional affiliations and co-authors by clicking on the corresponding buttons.

### *Step 4 – Abstract text*

Here you can enter your abstract text. Please enter the text only, no title, no authors (these are taken from the information entered above).

### *Step 5 – Review*

Please check again whether all details are correct. Any sections that are still required to be completed for submission are marked in red.

### *Step 6 – Submit*

This will only be possible if all previous steps have been completed. Please note: Once your abstract has been submitted no more changes are possible since it is directly forwarded to the reviewers. The corresponding author will receive an automated email confirming the abstract submission was successful and the abstract has been forwarded.

Please note that only the abstracts of registered presenting authors will be inserted in the program. The registration to the congress is considered completed only upon payment.

For any issues during the submission procedure, please write to [fepsac2024@cmi.at](mailto:fepsac2024@cmi.at).

### **Important Dates:**

<b>March 3rd, 2024 (midnight CET)</b> Late abstract submission deadline
<b>April 1st, 2024 (midnight CET)</b> Notification of Individual Submission Acceptance
<b>April 15th, 2024 (midnight CET)</b> Abstract re-upload* *for those who have minor or major corrections from the Scientific Committee. Please, note that it is to the authors' discretion to decide whether they want to present the abstract with or without the suggested corrections by the Scientific Committee.
<b>April 30th, 2024 (midnight CET)</b> Standard bird registration deadline and Presenters registration deadline
<b>July 01st, 2024</b> Final Program Release, abstract book and unlock of the conference app



## Review process and criteria

The abstracts will be reviewed by a reviewing committee based on the following criteria (rated from 0-10):

- **Quality:** Please consider factors like structure of the abstract, clarity of problem statement / rationale/ significance for theory and/or practice, traceability of the discussion, use of reference. For applied abstracts, abstract quality heavily relies on providing a sound theoretical framework for the presented intervention protocols.
- **Language:** please consider the quality of writing in terms of English language, grammar, conciseness, etc.
- **Methods:** please consider used (quantitative and/or qualitative) methodology and presented results. If the study is related to empirically obtained data, the data should already have been collected. If theoretical or pure methodological abstracts without presenting data are submitted, please concentrate on clarity of analysis and/or derivation. If workshops are submitted, please consider description of material / resources that will be shared with the audience, as well as learning objectives stated. For podium discussions & special session roundtables, it should be considered which methodological angle is guiding the discussion.
- **Innovation:** please rate the originality of the presented work. Please consider if the abstract contributes to the expansion of knowledge in that particular field.